

ROCKSOLID

REFUGE

Restoring Adolescent Lives



Life Controlling Issues

Substance Abuse

Pornography

Challenging Behaviour

Suicidal Ideation

Depression

Self Harm





Bringing God's transforming love to adolescents with life-controlling issues, that they may know freedom, restoration, and hope

SEE THAT BIRD? THAT BIRD
HAS MORE FREEDOM THAN I
HAVE.

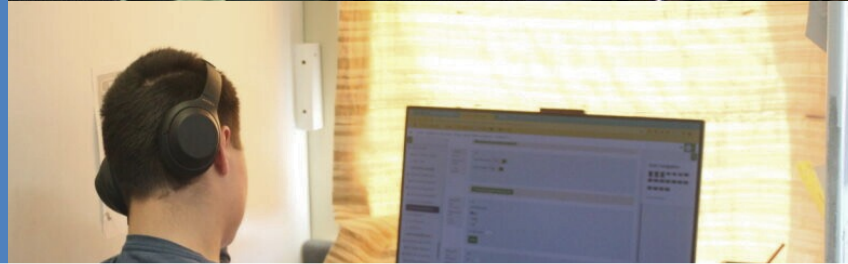
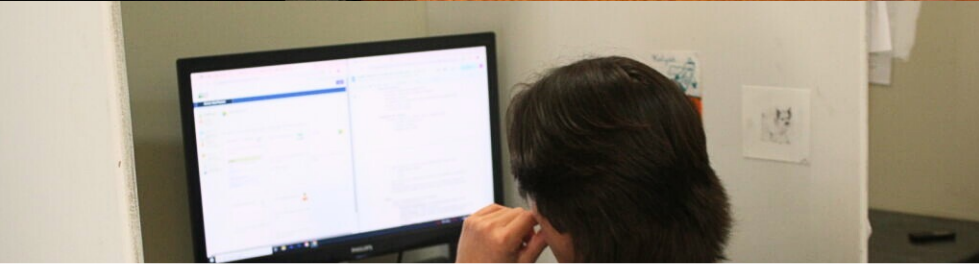


HE DOESN'T HAVE TO GO
TO SCHOOL, OR EAT LIVER,
OR MEMORIZE THE TIMES TABLES
...HE'S TOTALLY FREE!!



www.cartoonists.com





Education

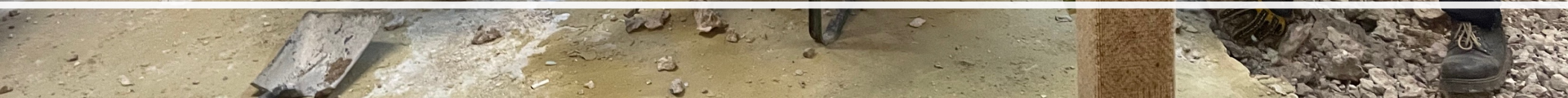
MENTORSHIP

- Teaching
- Listening
- Encouraging





Physical health





Spiritual



Hold On to Your Kids: Why Parents Need to Matter More Than Peers

Authors: Gordon Neufeld and Gabor Mate



The disorder affecting the generations of young children and adolescents now heading toward adulthood is rooted in the lost orientation of children toward the nurturing adults in their lives.



Depression and Self-harm

- Suicide rates have increased by 400% among 10 – 14 year olds in the last 50 years
- Key trigger: how they're treated by peers



The secret of parenting is not in what a parent *does* but rather who the parent *is* to the child.

The Phenomenon of Peer Orientation



Attachment:

- the pursuit and preservation of proximity, closeness, and connection
- We make a compass point out of those we're attached to



Orientation:

- The drive to get one's bearings and become acquainted with one's surroundings
- People orient themselves by seeking cues from those to whom they're attached
- Think about those who have been most influential in your life
- What is your attachment quotient with God?



Peer Orientation:

- When a young person turns to his peers for instruction, modeling, and guidance

6 Ways of Attachment

1. **Sensing:** Physical proximity, involves the “senses”
2. **Sameness:** Seek to be like those who you feel closest to
3. **Belonging and Loyalty:** To be a part of and try to possess those you’re attached to

6 Ways of Attachment

4. Significance: To feel that you matter

5. Feeling: Warm, affectionate, and loving emotions.
At this level, high risk and vulnerability involved

6. Being Known: The ultimate in psychological closeness. No secrets, fully known, and an assurance of being liked, accepted, and welcomed in spite of it.

What are you up against?

Cultural trends, Counterwill, and Attachment voids

Cultural Trends

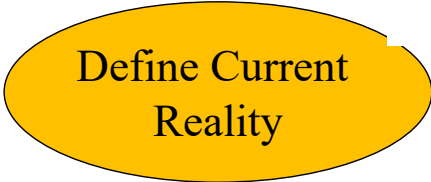
- Both parents working
- Move away from extended family networks for job opportunities
- Family meals, family vacations, talks, reading together is becoming less normal
- Secularization of society
- Nuclear family is under attack
- We have lost the “attachment village” – a set of nurturing adult relationships outside of the parents (extended family, church, friend’s parents, etc.)

“What It Means to Lead”



Define Current
Reality

“What It Means to Lead”

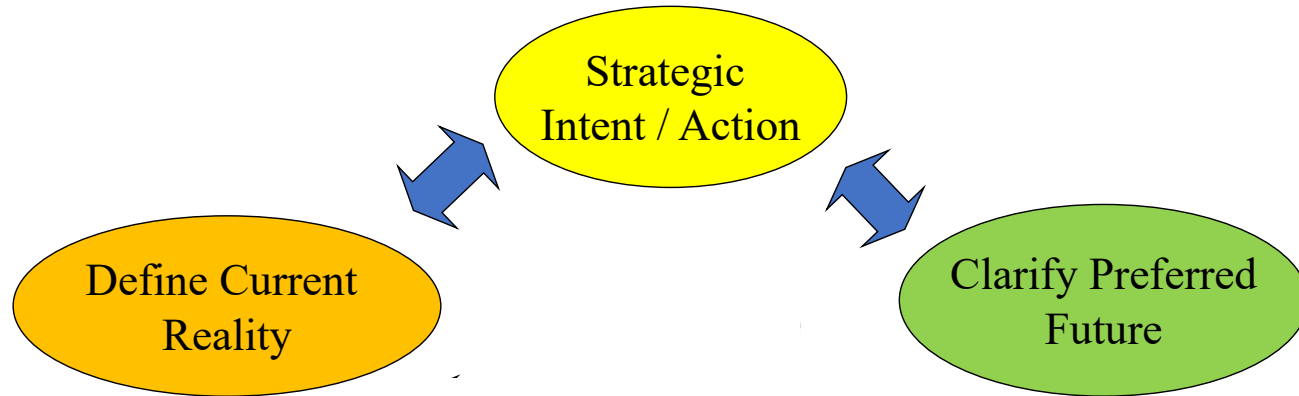


Define Current
Reality



Clarify Preferred
Future

“What It Means to Lead”



“What It Means to Lead”





WEB RESOURCES

www.RockSolidRefuge.com

- **Help for Parents**
- **Podcasts**
- **Keys support group**
- **Video and written content**
- **Addiction Series**
- **In Crisis? Start Here**



Thank you