My name is Micah. I used to be a volunteer youth pastor. Juggling my time between being a father, and employee, and a youth pastor wasn't working. I started dropping things. Important things, like devotions and time with my family. I was torn because I wanted to be there for the kids in the youth group, but I needed to provide for my family.

I started looking for paying jobs in Youth Ministry. That's when I discovered Rock Solid Refuge. Here, I get to work with young men whose parents have nearly lost hope for them. I get to spend my time at work building relationships, playing sports, and going fishing. But it's also time spent bringing the truth of God's word into daily life and correcting negative thoughts and behaviours.

One of my favourite memories was sharing the gospel with a student. He understood Christ's sacrifice on the cross for his sin, but could not surrender to God's control. Teens struggle to have control as so many have been in

ROCKSOLID refuge

Restoring Adolescent Lives



circumstances that are out of control. I encouraged him to be honest with God and ask for His help to surrender. The teen agreed, and by the end of the prayer, the Spirit of God had moved in his heart so much that he gave his life to Christ.

It is not an easy job, but it is immensely fulfilling. Over the course of a year you watch these teens change from being rebellious teenagers, to young men surrendering their lives to god hour by hour.

And you're not alone. There's a whole team of people who are all striving together for the goal of restoring adolescent lives.

Micah Downing

Former Youth Care Worker and Student Life Manager





Learn more at www.RockSolidRefuge.com/careers