

One Year Later - Tim

In August of 2021, Tim Graduated from Rock Solid Refuge. Since then, he has been continuing his high school education at the Briercrest Christian Academy in Caronport.

Tim spent the month of August 2022 at Rock Solid Refuge, helping the staff and students. We sat down with Tim to talk about his experience since Graduating from Rock Solid Refuge.

My first year after graduating from Rock Solid didn't go the way I thought it would. I basically just played video games and did schoolwork. I wasn't terribly productive, and I didn't really engage with school the way I should have.

I got a job in the third term at an OK Tire in Caronport where I'd mow the lawn, do basic repairs around the shop, wash cars, and take care of other small tasks. At the beginning of summer, I went home but didn't get a part-time job or have a way to productively fill my time, so I asked to come and spend the last month of summer at Rock Solid Refuge.

Being back at RSR has reminded me of a lot of the things I learned during my year at RSR. I'm seeing things in a bit of a different way. Some things that didn't make sense at first are a lot clearer now. During my year at Rock Solid Refuge, the most important lesson I had learned was to talk through my problems. I used to just push my thoughts and feelings down until they would boil up, and I'd burst out in anger.

My relationship with my mom is much better now than it was when I first came to RSR. We're able to actually talk about things rather than having conflicts turn into shouting matches.

This place made a big difference in my life, and though it wasn't a perfect year after I graduated, I know that it's better than it otherwise would have been.



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