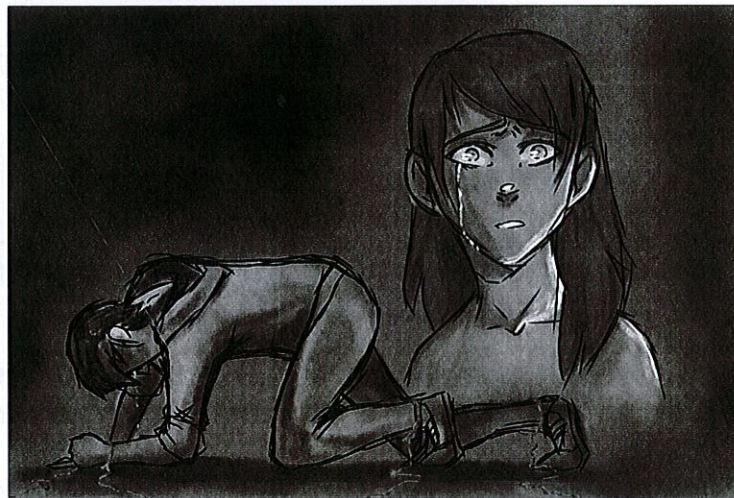


ACCESS



ACCESS LOGO. Copyright Cara Simpson



Insidious. Copyright Cara Simpson

Your fight for Freedom will not be easy, it will cost you every single day but in the end it will be worth it, so here is an acronym to help, remind and encourage you each and every day.

A – Attitude:

“A feeling or opinion about something or someone, or a way of behaving that is caused by this”.
(Cambridge English Dictionary)

I once heard that attitude is everything and in some cases it is. If your attitude is one of failure then you will fail, if you fall and give in you will stay where you. However if you rise up and fight one more day or one more moment then you will realize that there is hope and freedom will come.

“If you don’t like something, change it. If you can’t change it, change your attitude”.
(Maya Angelo)

C – Control.

“To order, limit, or rule something, or someone’s actions or behaviour”
(Cambridge English Dictionary).

What you Read/Watch/Listen is controlled by You and You alone. Your choices in this matter will dictate how you will fight against Pornography/Prostitution/Human Trafficking. It’s not enough to come to a conclusion that you have an issue, you need to do something about it and controlling these areas in your life will help you.

“Sometimes the hardest part isn’t letting go but rather learning to start over” **(Nicole Sobbon)**

C – Committed.

“A willingness to give your time and energy to something that you believe in, or a promise or firm decision to do something”. **(Cambridge English Dictionary)**

Commitment for you will need to be in small steps, it will take time. Keep in touch with reality and do not try to do too much. Take things slow and breathe. Commit to start reading Fortify.

“Motivation is what gets you started. Commitment is what keeps you going.” **(Jim Rohn)**

E – Experience.

“The process of getting knowledge or skill from doing, seeing, or feeling things”. **(Cambridge English Dictionary).**

There are more experiences out there when it comes to life, what you have experienced is not all there is and there is a life waiting for you that is more than you can possibly imagine.

“The only real mistake is the one from which we learn nothing.”

(Henry Ford)

S – Speak.

“To say words, to use the voice, or have a conversation with someone”. **(Cambridge English Dictionary)**

It is crucial that you surround yourself with others that will help you fight and not drag you down, it is also crucial that you speak up about what you have learned.

“To say words, to use the voice, or have a conversation with someone”. **(Cambridge English Dictionary)**

“The world suffers a lot. Not because of the violence of good people, but because of the silence of good people”. **(Unknown)**

S – Set Goals.

“A purpose, or something you want to achieve”. **Cambridge English Dictionary**

Set goals of where you desire to be in one week/monthly and Yearly Goals. This will provide you with a way to check yourself and see how you have been doing. We all need a way to hold ourselves accountable and relying on others all the time does not move us forward to where we need to be.

“What you get by achieving your goals is not as important as what you become by achieving your goals.” **(Henry David Thoreau)**

Scripture

"The LORD is gracious and merciful, slow to anger and abounding in steadfast love. The Lord is good to all, and his mercy is over all that he has made." Psalm 145:8,9 (ESV)

"The LORD is near to all who call on Him, to all who call on him in truth." Psalm 145:18 (ESV)

"...who executes justice for the oppressed, who gives food to the hungry. The LORD sets the prisoners free; the LORD opens the eyes of the blind. The LORD lifts up those who are bowed down; the LORD loves the righteous." Psalm 146:7,8 (ESV)

"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." I John 1:9 (ESV)

"I come that they may have life and have it abundantly." John 10:10 (ESV)

Quotes

*"You may choose to look the other way but you can never say again that you did not know."
William Wilberforce*

*"Great indeed are our opportunities; great also is our responsibility."
William Wilberforce*

"You do not buy a something, you buy a someone. You don't click on a something, you click on a someone." James Simpson

*"Success is not final, failure is not fatal: it is the courage to continue that counts."
Winston Churchill*

Websites

Fight the New Drug – fightthenewdrug.org

A21 Campaign – a21.org

Exodus Cry – exoduscry.com

Agape International Missions – agapewebsite.org

Covenant Eyes – covenanteyes.com

Articles

We used many articles but the best information we found are here:

Fight the New Drug – Go to FTND and click on (Get the facts) <https://fightthenewdrug.org/get-the-facts/> (Look at “Porn Harms in 3 Ways tabs. Brain, Heart and World.) There is much information under all these headings to help you. We used some resources but there are many more with information to help.

Media

Fight the New Drug – (Go to Media)

- Video: [Jessica’s Story – My Life as a Porn Star](#)
- Video: [The Most Successful Male Porn Star of All Time Speaks Out on Porn](#)
- Video: [How Clicking Porn Directly Fuels Sex Trafficking](#)
- Video: [Elizabeth Smart Pornography and Role in Abduction](#)

Exodus Cry – (Go to Our Solution, click on Film).

- Documentary [Nefarious Merchant of Souls](#)

Exodus Cry - Youtube: Should Prostitution be legal?
<https://www.youtube.com/watch?v=EYUMefUgVU>

Exodus Cry – Youtube: How Women really end up in Prostitution
https://www.youtube.com/watch?v=YFUa3WO_h0

Books

Fight the New Drug. (2015). **Fortify: The Fighter's Guide to Overcoming Pornography Addiction.** Familius LLC. USA.

Foubert, D, J. (2017). **How Pornography Harms: What Today's Teens, Young Adults, Parents and Pastors Need to Know.** Life Ranch Publishing. Bloomington, IN.

Fradd, M. (2017). **The Porn Myth: Exposing the Reality Behind the Fantasy of Pornography.** Ignatius Press. San Francisco, USA.

Hoge, S. (2011). Trafficked: **The Diary of A Sex Slave.** Copyright Sibil Hodge.

Smith, J, Stephens, M. (2015). **Bought and Sold.** Harper Element. London U.K.

Malarek, V. (2011). **The Johns. Sex for sale and the men who buy it.** Arcade publishing, New York, NY.

Moran, R. (2015). **Paid for, my journey through Prostitution.** W.W.Norton & Company, Inc. New York NY.

Perrin, B. (2010). **Invisible Chains: Canada's Underground of Human Trafficking.** Penguin Group. Toronto, Canada.

Disclaimer: *Some of these books are tough to read through, they are filled with heart breaking stories and describe real life in desperate situations. These books are meant to equip you, yet, use discretion in recommending some of them to others.*

Gear

You can find T-Shirts, Bracelets, Necklaces, Hoodies, handouts from any of the following

Fight the New drug – fightthenewdrug.org (Go to Store) Street Team Kit

A21 – a21.org (Go to Store)

Exodus Cry – exoduscry.com (Go to Store)

Agape International Missions – agapewebsite.org (Go to Shop)

3 Strands – 3strandsglobal.com (Go to Shop) Bracelets/T-Shirts/Clothing are made by Human Trafficked Victims.

Opportunities

There are many opportunities out there for you to get involved and do something about what you have learned, here are just some that you might want to consider.

Agape International Missions: agapewebsite.org (Look for **Go serve in Cambodia** on webpage)

Youth with a Mission: ywamamsterdam.com (Go to Teams, Look for Evangelism or Tabernacle)

Freedom Walk: a21.org (Go to bottom of web page and look for 21 Ways to Help)

Abolition Conference: exoduscry.com

Rock Solid Refuge: rocksolidrefuge.com (Get Involved- Careers. Help teenage boys who may have porn addictions)